# MODULE 3: THE MORALITY AND EPISTEMOLOGY OF ROMANTIC LOVE

Love and Rationality



#### J. DAVID VELLEMAN

- We love people on the basis of their personhood
- Their intrinsic value as human beings
- Not on the basis of some inessential qualities

• Everyone is equally worthy of love

 If everyone is equally worthy of love, then love is always rational

### Berit Brogaard

- Love is sometimes rational, sometimes irrational
- Love can be real, regardless of whether it is rational or irrational
- Love is rational when two conditions are met:
- a) Love fits the perceived object
  - (i.e., the object is lovable)
- b) There is no misperception of the emotion-sustaining qualities of the object

#### LAURENCE THOMAS

Love is neither rational nor irrational

"Love is blind"

• **Argument**: You can cease loving a wonderful person. That is not irrational.

### PROBLEMS WITH THE VIEW THAT LOVE IS RESPONSIVE TO REASONS

#### Problem 1:

If love is responsive to reasons, then love is mandatory!

#### Argument:

- 1. If love is responsive to reasons, then, in absence of good reasons not to love X, you ought to love X.
- 2. There are not good reasons not to love your neighbor next door.
- 3. Therefore, you ought to love your neighbor next door!

# A RESPONSE FOR PROBLEM 1 (BY BERIT BROGAARD)

- Reasons for loving do not make love mandatory
  - When love is rational, love is **permissible**

 However, when love is irrational, love is impermissible: you ought to stop loving that person!

### PROBLEMS WITH THE VIEW THAT LOVE IS RESPONSIVE TO REASONS

### Problem 2 (Solomon's problem):

- If you have a reason for loving a person, then you do not love the whole person.
- You only love some of his/her qualities

# A RESPONSE FOR PROBLEM 2 (BROGAARD AGAIN)

• Qualities of an object **motivate** you to love **the object**.

- You do not love the abs or the hair!
- You love the person that has the abs or the hair.

CAN YOU THINK OF TWO GOOD REASONS FOR LOVING A PERSON?

#### THE IRRATIONALITY OF ROMANTIC LOVE

#### Some common beliefs:

- Romantic love, just like lust, is irrational
- True love is rational
- H. L. Menken: "Perceptual anesthesia"
- R. L. Johnson: Not true love, but "a complex of attitudes about love"

Captain Corelli's Mandolin: "Temporary madness"

# BUT, IS ROMANTIC LOVE REALLY, AND ALWAYS, IRRATIONAL?

- False affirmative properties attribution? Not always
- Overlooking of flaws? Not always
- Misattribution and idealization: Due to the halo effect
  - (Attribution of positive traits to likeable people)
- It's not romantic love's exclusive fault!

### EVEN WHEN IT'S IRRATIONAL, IT'S REAL!

#### The skeptic claim:

Romantic love is not "true" love, but it is an emotion

#### Brogaard's response:

- Emotions are subjects of rational assessment
- Thus, emotions can be either rational or irrational
- Besides, the so called "true" love can also be irrational!

# THE IRRATIONALITY OF COMPASSIONATE LOVE

- Parental love: Lorraine Allard
- The life of her unborn child is given more intrinsic value than her own
- <u>Altruism ("other-love")</u>: Homer T. Roberts Jr., Wesley Autrey
- Sacrificed or endangered their own lives, in order to save a stranger's life
- Even more radical altruism: Abraham Zelmanowitz
- Sacrificed his own life, knowing that he wouldn't save his friend's
- Supererogatory acts
  - Acts beyond the call of duty

ARE THESE ACTS/FEELINGS RATIONAL?

CAN YOU HAVE TRUE LOVE WITHOUT A DEGREE OF ALTRUISM?

#### DOES LOVE INVOLVE ALTRUISM?

- Harry Frankfurt: YES
- Love is disinterested concern for the beloved's well-being and flourishing

- Velleman/Brogaard: NO
- Love does not involve an aim
- Love does not involve an urge to give

### THE TRANSCENDENT VIEW OF LOVE: J. DAVID VELLEMAN AGAIN

- Love is awareness of the unique value of the other
- Everyone is equally lovable

BUT: We do not love everyone! (and not equally!)

- **Persona** (*mask*):
  - Personality traits
  - Physical attributes

### SOME CONSEQUENCES OF THE TRANSCENDENT VIEW

• Love becomes a matter of luck

- The bodily aspect of love is neglected
- It contradicts the intuition that sometimes love is not justified (some people just seems unworthy of love!)
- Entails that your significant other can be replaced by any other person

DO YOU AGREE WITH THE TRANSCENDENT VIEW OF LOVE?

WHY, OR WHY NOT?

### THE HISTORY VIEW OF LOVE: NIKO KOLODNY

• Our beloved ones are irreplaceable

- Justified love requires a pre-existing history of shared experiences
- The history must be a "good history"

- When there is such a history, love is rational
- When not, it is irrational

### BUT, SOMETIMES A GOOD HISTORY IS NOT SUFFICIENT...

• You can have a good (romantic) history with someone that is not worthy of love.

• You can have a good (friendship) history with someone that does not love you back.

• You can have a good (friendship/classmates) history, but that history does not justify your romantic love.

### THEN, DOES A SHARED HISTORY JUSTIFY LOVE?

• According to Brogaard:

• A shared history might be **necessary** for discovering whether love is appropriate or not

• But a shared history **does not by itself** make love appropriate or inappropriate

#### LOVE AND IRREPLACEABILITY

• "My beloved ones are irreplaceable... aren't they...?"

• Robert Kraut: That depends:

• What makes a person continue being the same person?

• What in our beloved ones is irreplaceable?

COULD YOU LOVE AN IDEAL SUBSTITUTE OF YOUR SIGNIFICANT OTHER?
(A PERSON THAT WAS EXACTLY LIKE HIM/HER, EXCEPT FOR HIS/HER FLAWS)

WHY, OR WHY NOT?

# IRREPLACEABILITY AND PERSONAL IDENTITY

### The value of the original person is assessed in two ways:

- For its own sake
- In virtue of its relation to something external to it

#### I love you because...

- ... of your own qualities: you are funny, thoughtful and caring
- ... of your relation to me: you have been with me throughout my whole college life

### THE QUESTION OF PERSONAL IDENTITY

What does a person's identity consist in?

There are two popular answers:

a) A biological criterion: Persistence of certain biological structures (the brainstem)

b) A psychological criterion: Attitudes, personality traits, memories, beliefs, desires, plans...

# SOME REASONS TO PREFER THE PSYCHOLOGICAL CRITERION

• We don't care about a brain structure; we care about a person.

• Split-brain syndrome (Gazzaniga and Sperry): Two personalities, one brain stem.

• Gender identity: Your identity is located in your mind. Not in your body.

### A PROBLEM FOR THE PSYCHOLOGICAL CRITERION

• Derek Parfit: Brain fission thought experiment.

• Suppose you love Robert.

- A mad surgeon splits Robert's brain in two halves, and transplants each half into a separate body.
- So now you have two people, Rob and Bert.

• Who is the person that you love?

DID ROBERT SURVIVE THE SURGERY, OR DID HE DISAPPEAR?

CAN EITHER ROB OR BERT BE A BETTER SUITED CONTINUANT OF ROBERT?

WHY, OR WHY NOT?

# SOME CONCEPTUAL POINTS ABOUT IDENTITY\*

#### 1. Identity is a one-to-one relation:

- Robert = Rob <--- this is ok
- Robert = Bert <--- this is ok
- Robert = Rob and Bert <--- not ok!</li>

#### 2. Identity is transitive

- If A = B, and A = C, then B = C
- If Robert = Rob, and Robert = Bert, then Rob = Bert!

# A Possible Response to the Brain Fission Problem\*

- Brogaard: "People can remain the same over time, even when strict identity does not obtain."(p. 99)
- The identity of persons is different from the identity of things.
- The identity of persons is not strict identity. It is quasi-identity, or mere continuity, or a relation of this ilk.
- Thus, it behaves differently than strict identity. It does not have to be one-one or transitive.

### A FURTHER IMPLICATION OF THE PSYCHOLOGICAL CRITERION

- 1. If there is no psychological continuity, there is no personal identity.
- 2. Brain damage, Alzheimer disease, etc., cause significant psychological changes.
- 3. Therefore, after brain damage, Alzheimer disease, etc., a person becomes a different person.
- Does this mean that we are loving a new person?
- If so, why is it ok to love this new person, and not an impostor?

# PSYCHOLOGICAL CRITERION FOR THE HISTORY VIEW

- 1. According to the History view, love is only rational when there is a shared story.
- 2. There is no shared story with the new person our beloved has become.
- 3. Therefore, it is irrational to love the new person! (and we ought to stop!)

#### UPSHOT

• Kolodny's History View has the advantage that it explains why our beloved ones are irreplaceable.

- However, it is not clear what we mean when we say that they are irreplaceable.
- There is no infallible criterion of personal identity.

• The History View thereby loses one of its main advantages.

### Love for a Reason (Brogaard's View): Two Kinds of Reasons

- **Explanatory-causal reasons**: Explain what brought actions about.
  - "I kicked the duck because I was angry"
  - "I love you because you play guitar beautifully!"
- **Justifying reasons**: Make actions appropriate.
  - "I kicked the duck because it was going to attack me!"
- A justifying reason for love depends on a **good fit: beloved's** qualities-your loving response:
  - "I love you because you are caring and compassionate"

# Love for a Reason: Sensitivity to Evidence

#### Belief is sensitive to evidence

- I believe that it rained because I see water in the street.
- I stop believing it rained when I see a broken pipe.

#### Love is not (clearly) sensitive to evidence

- I love you because you are honest and faithful to me
- Do I stop loving you when I see you kissing someone else...?
- However, both love and belief are in

#### IS ROMANTIC LOVE UNCONDITIONAL?

#### **Conditional love:**

• Love is conditioned to specific circumstances or traits.

#### **Unconditional love:**

- Love is not conditioned to specific circumstances/traits.
- But under certain circumstances, love can stop.

#### Love no matter what:

• Love is not conditioned to any circumstance, and will continue under any circumstance.